

# Kindness & Compassion

1. Tell of a time when you were extended kindness and/or compassion by someone else.
2. Isaiah 61:1-2 succinctly lays out the mission plan for all Christ-followers. Do you know anyone who is broken-hearted, captive or living in darkness? Can you think of a way to show kindness and compassion that can help heal and free them, and hopefully introduce them to Jesus?
3. Read 2 Peter 1:3-8. How can ignoring one of these foundational qualities impact a person's spiritual effectiveness and productivity?
4. Why is it important to be kind and compassionate (Rom. 8:29)? Would the people who know you describe you as being kind and compassionate? If not, how can you change their perspective?
5. Can you commit to purposefully doing a kind and compassionate thing every day this coming week?