

# Grateful ~ Thankful ~ Blessed



1. According to 1 Thess 5:18, what is God's will? Are you in His will or someplace else? Also read Philippians 4:6.
2. When have you been sucked into a non-thankful downward spiral (Romans 1:21-32)?
3. Carve out some time to thoughtfully create your own "Top 10 List" of things you're most thankful for. Be ready to share three of them wherever you meet to be thankful.