

Communion: Empowering or Debilitating

Sunday, September 3, 2017 ~ 1 Corinthians 11

1. If you saw a picture of your foot, hand, ear or nose in a line of photos, would you recognize your own body?
2. What is the most and least meaningful time you have ever celebrated communion? What made it that way?
3. 1 Cor 11:17-34 was written to correct the practice of communion. How does it appear to have been done before the letter? Who was getting left out?
4. How does Paul say communion should be done? What further directions do you think he will give on this matter when he comes?
5. To “recognize the body of the Lord” means either His sacrifice of a broken body on the cross in the past, or to really see His body—the people who make up His church—today. How are both very important?
6. Try using Psalm 19:12-13 to examine yourself. Ask God for forgiveness and strength to renounce those sins. Ask God to cleanse you, heal you and make you more graceful.
7. Have you ever experienced or do you know someone who has experienced a lack of physical health because they were self-centered instead of others— and Christ-centered?
8. Will you come and commune with the body next week in the park?